

# Koloa Senior Activity Calendar

## OCTOBER 2018

Koloa Neighborhood Center  
3461 Weliweli Road  
Koloa, HI 96756  
(808) 742-1313

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Ukulele 8:30-10:00a Exercise w/ Rose 10:30-11:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	<b>2</b> Tai Chi 9:30a Kokua Crafts 9:30-11a KEO Congregate Meal 11a-12p	<b>3</b> General Assembly 9:30a-11p Chinese Auction 9:30a KEO Congregate Meal 11a-12p	<b>4</b> Senior Crafts 9:30a Tai Chi 9:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	<b>5</b> Line Dance 8:30-10:30a Senior Yoga 9:30-10:30a EnhanceFitness 1-2p
<b>8</b> Ukulele 8:30-10:00a Exercise w/ Rose 10:30-11:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	<b>9</b> Tai Chi 9:30a Kokua Crafts 9:30-11a KEO Congregate Meal 11a-12p	<b>10</b> Shopping Longs	<b>11</b> Tina's Crafts 9:30a Tai Chi 9:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	<b>12</b> Line Dance 8:30-10:30a Senior Yoga 9:30-10:30a EnhanceFitness 1-2p
<b>15</b> Ukulele 8:30-10:00a Exercise w/ Rose 10:30-11:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	<b>16</b> Tai Chi 9:30a Kokua Crafts 9:30-11a KEO Congregate Meal 11a-12p	<b>17</b> Assembly 9:30a-11p Speaker-Fall Prevention KEO Congregate Meal 11a-12p	<b>18</b> Senior Crafts 9:30a Tai Chi 9:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	<b>19</b> Line Dance 8:30-10:30a Senior Yoga 9:30-10:30a EnhanceFitness 1-2p
<b>22</b> Ukulele 8:30-10:00a Exercise w/ Rose 10:30-11:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	<b>23</b> Tai Chi 9:30a Kokua Crafts 9:30-11a KEO Congregate Meal 11a-12p	<b>24</b> Assembly 9:30a-11p KEO Congregate Meal 11a-12p	<b>25</b> Senior Crafts 9:30a Tai Chi 9:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	<b>26</b> Line Dance 8:30-10:30a Senior Yoga 9:30-10:30a EnhanceFitness 1-2p
<b>29</b> Ukulele 8:30-10:00a Exercise w/ Rose 10:30-11:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	<b>30</b> Tai Chi 9:30a Kokua Crafts 9:30-11a KEO Congregate Meal 11a-12p	<b>31</b> Assembly 9:30a-11p BINGO KEO Congregate Meal 11a-12p		

Calendar events or times are subject to change without notice  
Go to County of Kaua'i website for more info on Senior Programs.  
[www.kauai.gov](http://www.kauai.gov)